

The Nuts & Bolts of Specialized Dockets: How Collaborative Relationships & Evidence Based Practices Can Maximize Your Results

Honorable Anthony Capizzi

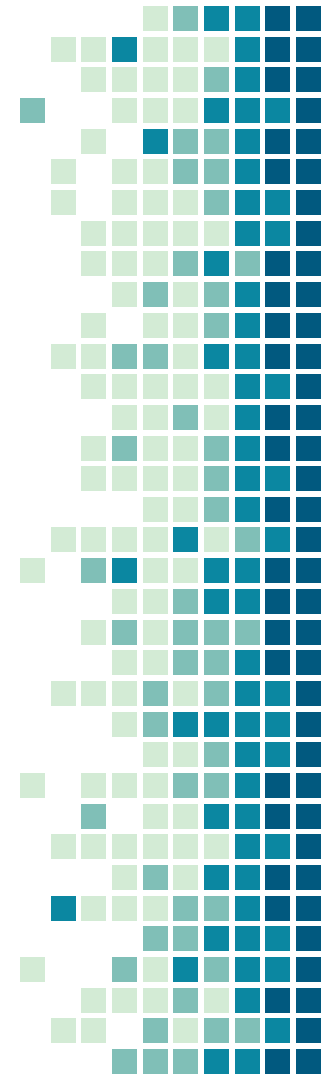
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Learning Objectives

- **How to successfully incorporate community partners within your specialty docket and discuss the benefits**
- **How to select and provide exclusive evidence based programs to your participants**
- **Learn how to ensure every docket is family centered**



Juvenile
Treatment
Court

Began in 1998



Averaged
25 youth
per year

Expanded



Now serves
100-125
youth
per year

Served



1500
youth
since 2005

Graduation Rate

64%

Family
Treatment
Court

Designed to improve the safety and well-being of children in the dependency system by providing parents access to drug and alcohol treatment, judicial monitoring of their sobriety and individualized services to support the entire family.

Graduation Rate Increase



Graduation rates are 20-30% higher for FTC participants than for comparison participants

Reunification Rate Increase



Family reunification rates are approximately 20 - 40% higher for FTCs than for the comparison group

L.I.F.E.
Court



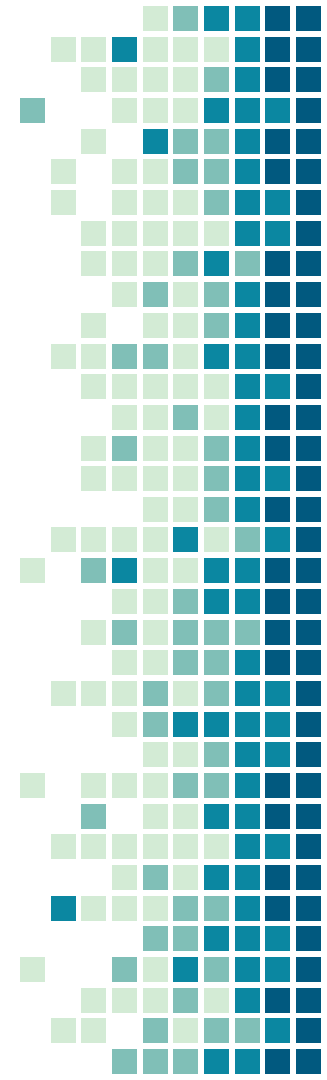
Protect the public while also preventing youth with mental illnesses from repeatedly cycling through a juvenile justice system that is not equipped to assist them



Help identify the mental health needs of detained youth, provide more effective treatment and improved safety

Courts, Treatment & Children Services Together?

- We all have the same goal
- Historically worked at Cross Purposes
- How to bring these disparate groups together?
- Requires planning, communication and ongoing problem solving



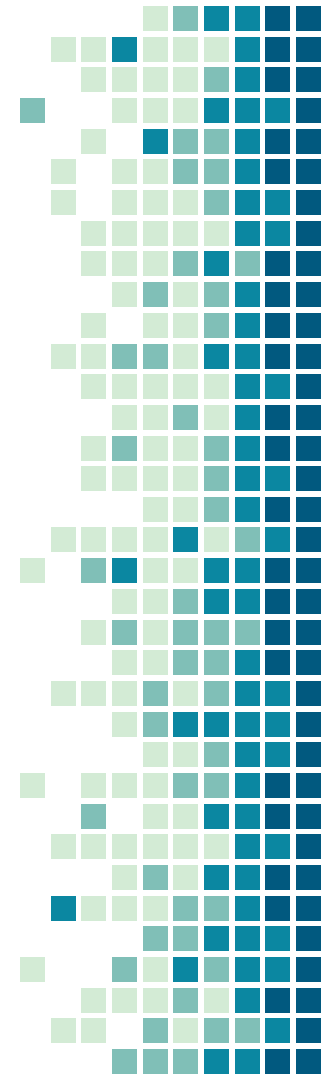
The Importance of Doing Something That Works

- Funders are becoming better consumers of service
- Court systems are burned out on “the flavor or the month”
- They all properly demand accountability i.e results
- Sustainability of key
- We are already all working with the same population



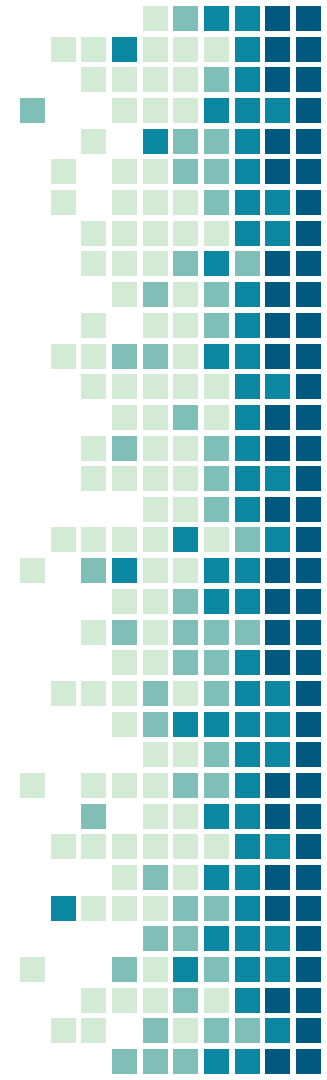
What to look for in an Evidence Based Practice

- Independent studies that are either Randomized Control Trials or Comparison studies
- Can it be replaced and show the same results
- Are there methods to ensure Fidelity and Adherence to the model
- Has it been shown to work in the setting you will be using?
- Identify potential gaps in services and program needs



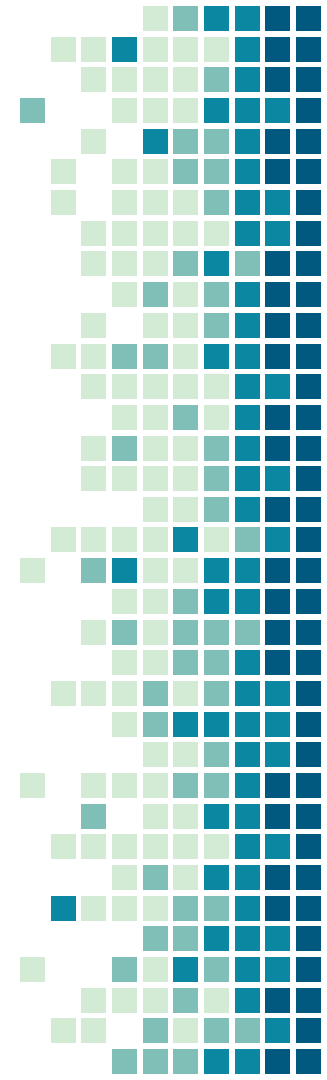
Shopping for Evidence Based Practices

- Pick one that matches your agency culture and budget
- List available at:
www.blueprintsprograms.com/resources/matrix.pdf
- This is a matrix of programs rated by several organizations including SAMHSA and Blueprints for Healthy Youth Development



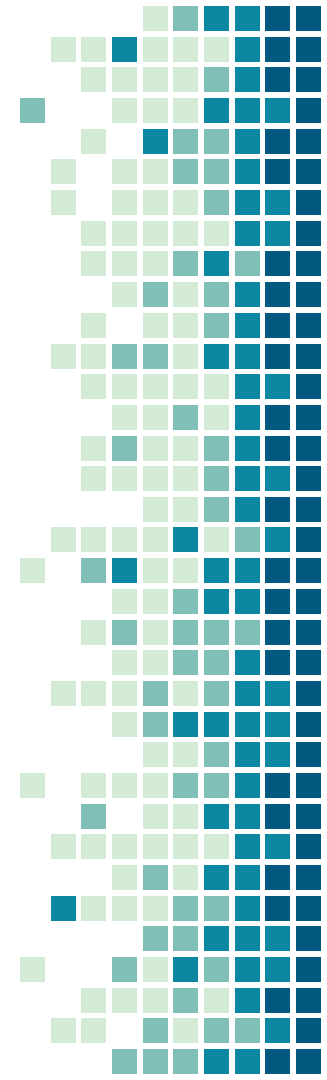
The Research –base of Functional Family Therapy

- 30 + years of high quality research in community settings
- Independently conducted reviews
 - CSPV, OJJDP, CDC, CSAP, American Youth Policy Forum
 - Surgeon General Report on Youth Violence/Mental Health
- Rigorous evaluations, RCT & comparison designs that are community based
- Independent replications
 - Reproducible in multiple settings



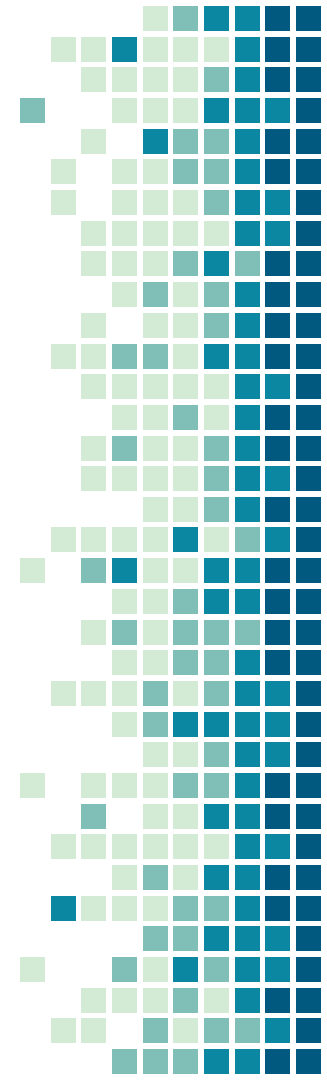
Juvenile Treatment Court Team Structure

- Judge Anthony Capizzi
- 4 PO's (Case Managers)
- 2 Treatment Court Specialist
- 1 CSD Liaison
- 8 FFT CM Therapist
- 1 Care Specialist



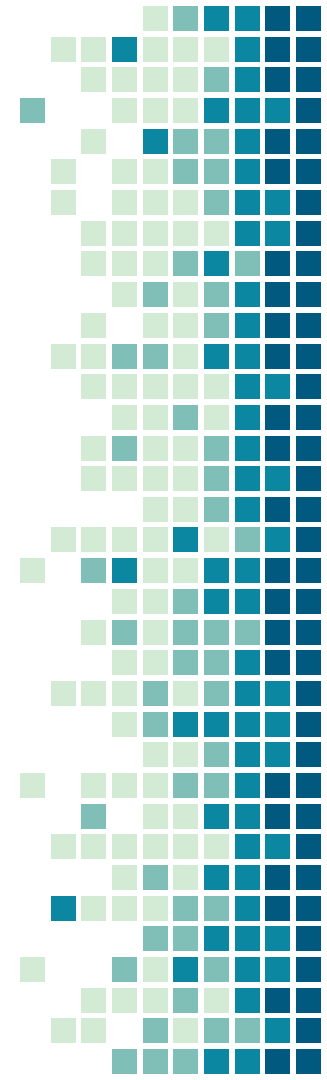
Family Treatment Court

- Magistrate Nickole Xarhoulacos
- 2 PO's (Case Managers)
- 4 Children Services Workers
- 1 CSD Liaison
- 2 FFT-CW Therapist
- 1 Lead Therapist
- 1 Outcomes Support Specialist
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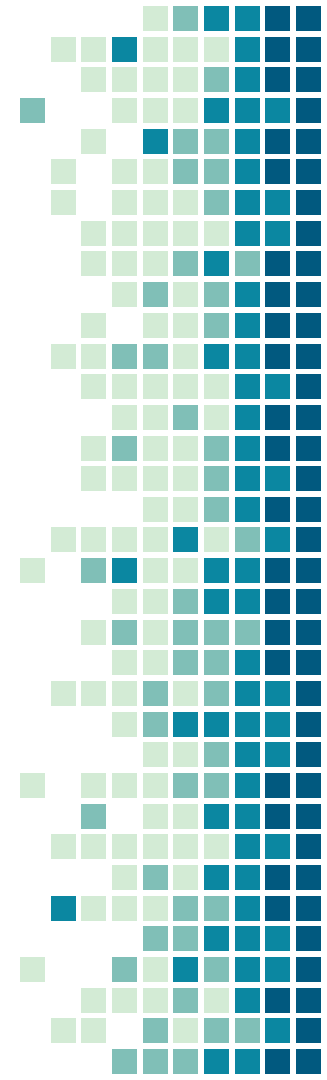
L.I.F.E Court

- Judge Anthony Capizzi
- 3 PO's (Case Managers)
- 8 FFT Therapist
- 1 CSD Liaison
- 1 Care Specialist



Top Down Cooperation and Collaboration

- Consistent and fluid contact between Court Staff, Children Services Workers, and Treatment agencies
- Ensuring Court and Children Services staff are included in FFT Trainings
- Treatment Providers & Children Services attend Treatment Team Meetings
- Key Attitude: “How can we make our process fit your process and your needs”
- Ongoing problem solving



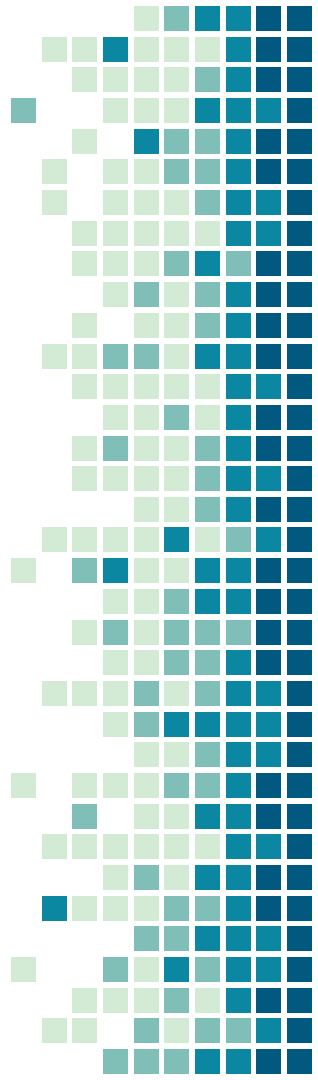
Planning for Sustainability

- Grants aren't forever- Plan from Day one
- Adjust as program grows
- You have to market your program to sustain it
- A program is selling two things
 - Service
 - Results



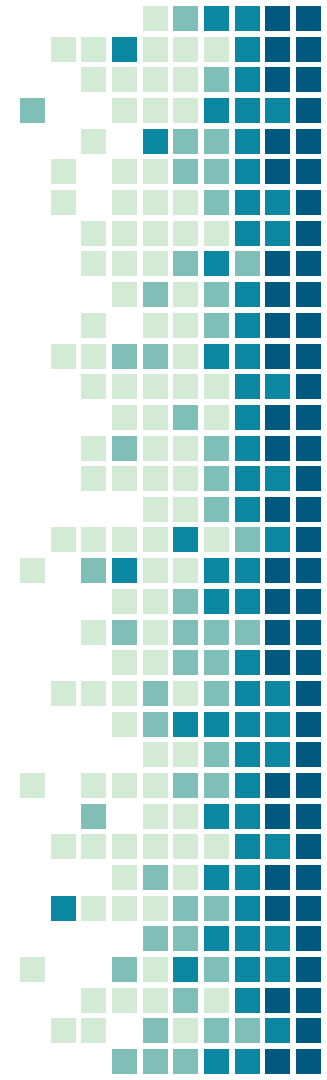
Data Collection & Management Issues

- Collect MORE than you think you will need
- Where possible assign data collection to specialist- allow therapist to do therapy
- The government changes expectations, be ready for it



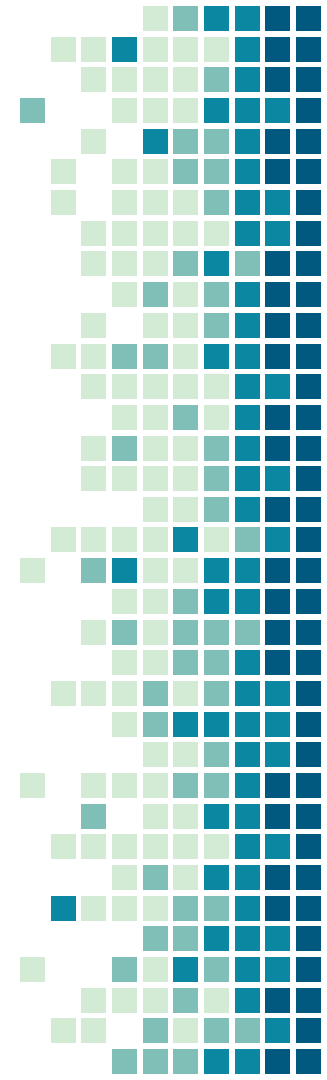
Balancing Act Required

- Consequences vs. Treatment
- Level of communication that is comfortable for each partner
- Knowing when to be separate



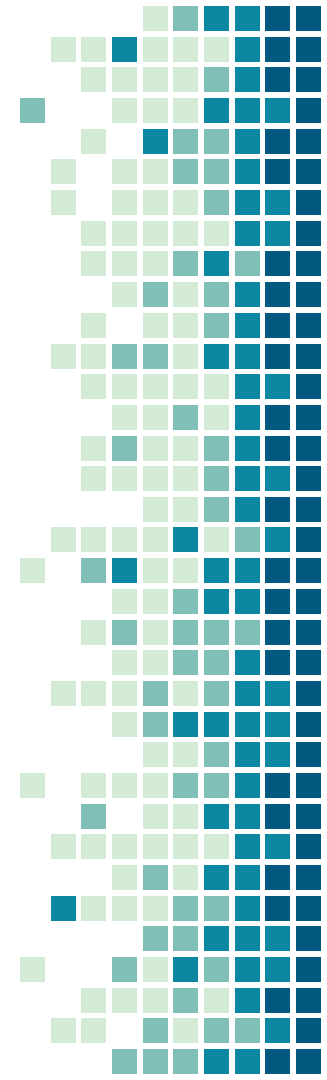
Ensuring Your Specialty Docket is Family Centered

- Engaging Children Services
- Parent Engagement is required
- Parent Incentives
- Building a solid support system before graduation



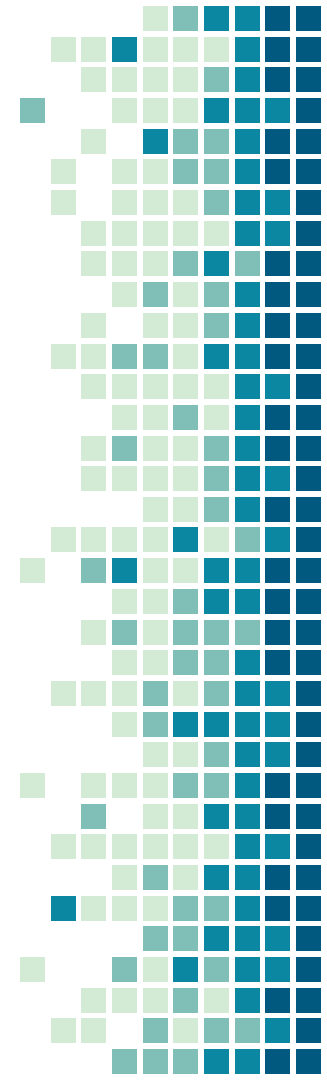
Take Aways

- Partnerships between the Court, Children Services & Treatment Providers are effective but require lots of planning, communication, and ongoing problem solving
- Home Base Family Therapy is effective in Substance Abuse , Mental Health & Family Dynamics
- Ensuring your docket is Family Centered yields results



So You Want To Do This?

- Get your Court, Treatment & Children Services agencies on board
- Find partners in the community
- Find a Champion
- Make a plan backed by data
- Find Funding



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