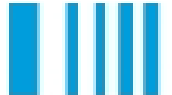


**WAYS TO GET INTOXICATED ON OVER
THE COUNTER MEDICATIONS,
SYNTHETICS AND OTHER
NON-TRADITIONAL METHODS OF
GETTING HIGH**

**YAVAPAI COUNTY ADULT
PROBATION**

A Force for Positive



CHANGE.

Allen Morris

- Veterans' Court Coordinator
- Former Drug Court Officer
- 5 Years with Adult Probation
- 2 Years at non-profit local treatment center
- 4 Years adolescent dual diagnosis residential treatment center
- 19 years clean and sober

Clint Dougherty

- Veterans' Court & Drug Court Surveillance Officer
- 6 Years with Adult Probation
- 2 Years with Juvenile Probation

Why get high?

Seeking Pleasure & Avoiding Pain

- We are born with a *pleasure principle*, that we will seek immediate gratification of needs, for which our bodies reward us with feelings of pleasure.
- The reverse is also true, and the *pain principle* says that, whilst seeking pleasure people will also seek to avoid pain.

Relax

re·lax

/rəˈlaks/ 

verb

verb: relax; 3rd person present: relaxes; past tense: relaxed; past participle: relaxed; gerund or present participle: relaxing

1. make or become less tense or anxious.

"he relaxed and smiled confidently"

synonyms: become less tense, **loosen**, **slacken**, **unknot**

"her muscles relaxed"

antonyms: **contract**, **tighten**

- rest or engage in an enjoyable activity so as to become less tired or anxious.

"the team relaxes with a lot of skiing"

synonyms: **unwind**, loosen up, ease up/off, slow down, **de-stress**, **unbend**, **rest**, put one's feet up, take it easy; **More**

antonyms: be tense

- cause (a limb or muscle) to become less rigid.

"relax the leg by bringing the knee toward the chest"

synonyms: **loosen**, **loose**, **slacken**, **unclench**, **weaken**, **lessen**

"he relaxed his grip"

antonyms: **tighten**

Euphoric

eu·phor·ic

/yoō'fōrik, yoō'färik/ 

adjective

adjective: euphoric

characterized by or feeling intense excitement and happiness.

"a euphoric sense of freedom"

synonyms: elated, [happy](#), [joyful](#), [delighted](#), [gleeful](#); [More](#)

“the sense of ease and comfort
which comes at once by taking
a few drinks”

William D. Silkworth, M.D.

What lengths are
people willing to
go to in order to
continue getting
high?

Drug tests

- Methods
 - Detox / Cleaning
 - Dilution
 - Masking
 - Substituting

Drug Tests – Detox / Cleaning

- Drinks
- Supplements

Drug Tests – Detox / Cleaning

- Certo
 - The Certo drug test method is a urine (and blood) drug test detox method where fruit pectin is used as the “primary ingredient” to pass your drug test. Certo is the brand name of a type of fruit pectin commonly used for this method, hence the name.

Drug Tests – Dilution

- Water

Drug Tests - Masking

- Baking Soda
- Vinegar
- Bleach

Drug Tests – Substitution

- Replacement Urine
 - Friend or Family
 - Baby / Child Urine
 - Synthetic

UA Test Costs:

- 1 Panel - \$5.25
- 2 Panel - \$6.50
- 3 Panel - \$7.50
- 4 Panel - \$8.50
- 5 Panel - \$9.50
- 6 Panel - \$10.50

- ETG + \$5.00
- Spice + \$10.00
- Bath Salts + \$20.00
- Fentanyl + \$5.00

Conformation Costs:

- THC - \$12.00
- Meth - \$12.00
- Cocaine - \$12.00
- MDMA - \$12.00
- Opiates - \$12.00
- Benzo's - \$12.00

- ETG - \$15.00
- Spice - \$10.00
- Bath Salts - \$40.00
- Fentanyl - \$55.00

UA Test Costs:

- Dextromethorphan (DXM) - \$25.00
- Gabapentin (Neurontin) - \$87.00
- Gamma-Hydroxybutyrate (GHB) - \$90.00
- Inhalant Panel - \$124.00
- Mescaline (Peyote) - \$138.00
- Kratom - \$96.00
- Psilocin (Mushrooms) - \$368.00
- Salvia - \$132.00
- Steroid Panel - \$145.00

**So why non-
traditional ways of
getting high?**

Arizona Conditions of Probation

- Standard condition #12 of probation states: “I will not possess or use illegal drugs or controlled substances and will submit to drug and alcohol testing as directed by the APD.
- Standard condition #16 of probation states: “I will not consume or possess any substances containing alcohol.
- Drug/DUI Condition #2 states: “I will not take any prescription medication without immediately notifying my supervision team. I will not take any over-the-counter medications, including herbs or substances that could dilute or alter the results of my urinalysis, without prior approval of my supervision team.

- **Availability**
- **Cost**
- **Preference**
- **Substitution**
- **Consequences**

**What are non-
traditional
method's of
getting high?**

Most non-traditional methods people will use to get intoxicated are legal and readily available.

Or purchase easily online...

Common Methods

- **Kratom**

- Stimulant effect in small quantities
- Depressant effect in large quantities
- Users report similar to opiates in large quantities

Kratom

- Kratom (*Mitragyna speciosa*) is a tropical tree that has a long history of traditional and ceremonial uses in Africa and Southeast Asia.
- A member of the coffee family, kratom has long been used to relieve pain and ease opiate withdrawal
- Available in many forms, including dried/crushed leaves, powder, capsules, tablets, liquids, and gum/resin; the most common route of administration is ingestion as a brewed tea, although smoking, chewing the raw leaves, and the ingestion of extracts have also been reported.

Kratom

- Currently not a controlled substance by the DEA
- As of March, 2017, Kratom is banned in 15 countries and six states (Alabama, Arkansas, Florida, Indiana, Tennessee, and Wisconsin), with six more states considering implementing regulations.
- Currently available for sale in Yavapai County
- Cost of Kratom test at TASC: \$120.50

Kava Kava Root

- Intoxicant
- Easily accessible
- Multiple delivery methods

Kava Kava

- Kava kava (*Piper methysticum*) has been used as a ceremonial drink in the Pacific Islands for hundreds of years. Some people report its effects are similar to alcohol.
- In addition to its ceremonial uses, kava is best known for its relaxing qualities. Kava is said to elevate mood, well being, and contentment, and produce a feeling of relaxation. Several studies have found that kava may be useful in the treatment of anxiety, insomnia, and related nervous disorders.

○ Spice

- Also called K2," "fake weed," "Bliss," "Black Mamba," "Bombay Blue," "Genie," "Zohai," "Yucatan Fire," "Skunk," and "Moon Rocks
- Spice is a mix of herbs (shredded plant material) and manmade chemicals with mind-altering effects.

○ **Bath Salts**

- A recreational designer drug
- People typically swallow, snort, smoke, or inject bath salts.

Over the Counter (OTC) Methods

- Robitussin DM
 - Active ingredient of interest is dextromethorphan
 - Referred to as “Robo Tripping”
 - The high comes from ingesting large doses of dextromethorphan, found in over-the-counter cough suppressants such as syrups and lozenges

Oral DXM Dosages	
Threshold	unknown
Light	100 - 200 mg
Common	200 - 400 mg
Strong	300 - 600 mg
Heavy	600 - 1500 mg
Risk of Death	2,500 - 20,000 mg¹

Duration : 4 - 8 hours

- **Dextromethorphan** or **DXM** is found in:
 - Robitussin DM
 - Delsym
 - Coricidin
 - Day-Quil
 - And many other cold medicines

Inhalants

- Dust Off Computer Cleaner
- Spray Paint (typically metallic based)
- NO₂, Whipped Cream, Whip-its
- Gasoline, Glue, Jenkem

Huffing

INHALET	EXAMPLE	EFFECTS
Toluene	Spray paint Glue De-waxer/floor stripper Fingernail polish	Hearing loss Damage to spinal cord or brain Liver and kidney damage
Trichloroethylene	Cleaning fluid Correction fluid	Hearing loss Liver and kidney damage
Hexane	Glue Gasoline	Limb spasms Blackouts
Nitrous Oxide	Whipped cream dispensers Gas cylinders	Limb spasms Blackouts
Benzene	Gasoline	Bone marrow damage

Hallucinogens

- Anticholinergic Agents
 - Salvia, Jimsonweed, Hawaiian Baby Woodrose, Nutmeg

QUESTIONS?